

Give from the heart

February is American Heart Month.

Chase depended on blood during heart surgery and in recovery.

**DONATIONS
SAVE LIVES**



BLOOD DRIVE

Sunday, February 9th, 2025
9:00am – 1:30pm

Sinai Free Synagogue

The Oneg Room

550 North Columbus Avenue
Mount Vernon, NY 10552

Blood Donors are Urgently Needed!

To schedule an appointment, please call the synagogue
at 914-664-1727 or
scan the QR code below



Prepare to donate



Eat well and hydrate



Bring a photo ID



Feel good and symptom free



Must be 17+ or 16 with parental consent form



Meet minimum weight requirements

For full eligibility requirements and COVID-19 information, visit nybc.org/eligibility.